



## ANNA MARIA COLLEGE

### PARENT & FAMILY NEWSLETTER / NOVEMBER 2023



Email: [families@annamaria.edu](mailto:families@annamaria.edu) | Call: 508.849.3388 | Visit: [annamaria.edu/families](http://annamaria.edu/families)

We are excited to share the 2023-24 year with you and your students! Our family newsletter has information about upcoming events, important dates, and topics of interest for college families. We hope that you enjoy this issue - please reach out if you have any questions or comments.

### UPCOMING EVENTS

#### SAVE THE DATE!

\* denotes all are welcome, other events are students only

#### **Christmas Tree Lighting Ceremony\***

November 28, 4:30 pm  
Gazebo Green

#### **Candlelight Christmas Mass\***

December 4, 4:30 pm  
Madore Chapel

#### **Alumni Holiday Party**

December 6; 5:30 - 7:30 pm  
Tatnuck Country Club

Register here: **Alumni Holiday Party**

#### **President Retelle's Christmas Party**

December 7, 5:00 - 7:00 pm  
Campus Center

#### **Late-Night Study Break Breakfast**

December 11, 8:30 -10:00 pm  
Dining Hall

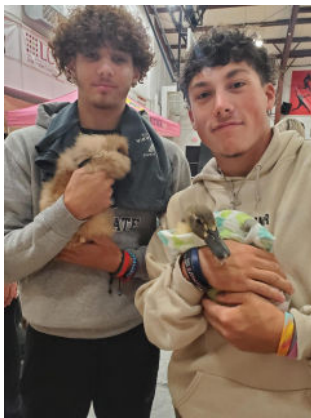
Details will be announced through social media and emailed to students.



## RECENT EVENTS

### FAMILY & FRIENDS/FALL FEST WEEKEND September 29-30, 2023

It was wonderful to see many families on campus during Fall Fest 2023. The rainy weather did not stop the fun, as events were moved inside Fuller Activities Center. Highlights included a giant slide, bingo and trivia nights, and carnival food delights!



Students loved the petting zoo!



Student Programming Assistants ready for bingo!



Make-your-own tie dye frisbees!

#### WELLNESS DAY SCHEDULE

Tuesday, October 24

**Late Night Breakfast 8:30pm - 10:30pm**  
All you can eat Late Night Breakfast in the Dining Hall.  
Free for all students

Wednesday, October 25

- Fun Run 8:00 am**
- Donuts & Cider with President Retelle 9:00 am**
- Sound Bowls & EFT Tapping 10:00 am**
- Coffee & Cookies with Library Staff 11:00 am**
- Nature Walk with Professor Dowd & Willow 11:00 am**
- Mass in Madore Chapel 12:00 pm**
- Video Games in St. Anne's Res Hall 12:00 pm**
- DIY Stress Balls with Social Work Dept. 12:00 pm**
- Smoothie Food Truck, Stuff-a-Bear & Therapy Cats at Campus Center 1:00 pm**
- Brain Break Journal Fun at Writing Center 1:30 pm**
- Movie in Madonna Res Hall 2:00 pm**
- Yoga Class 3:00 pm**
- Movie & Wellness Kits with SAC 7:00 pm**
- Hip Hop Dance Class with Cheer Coach 8:00 pm**
- Bonfire 8:00 pm**

#### WELLNESS DAY

Students received a welcomed surprise on October 25th, as classes were cancelled for Wellness Day. Relaxing activities were provided throughout the day, as well as opportunities to connect with support resources across campus. Anna Maria supports our students' well-being in many ways throughout the year, but this day provided us an opportunity to bring the importance of their mental and physical health into the spotlight.

We look forward to making Wellness Day an annual tradition!

Additional Wellness Day offerings included: yard games at the Gazebo, open field time at Caparso Field, open art studio with the Arts & Wellness Club, and STI and mental health screenings at the Health & Counseling Center.

## Resources for Students



### CAREER SERVICES

Boston Mutual was one of approximately 60 employers at Anna Maria College's **Career Fair** on October 24th. The Information Commons was buzzing as students made the rounds meeting with representatives from companies, nonprofits, school districts, and government agencies.

Check out our Career Services podcast below!

Our Career Services office, available to all students, offers assistance with resumes, securing internships, and finding job opportunities throughout the year.

### NUTRITION SERVICES

Anna Maria Campus Dining is pleased to introduce our newest team member, Hayley Ruff, RD, LDN. Hayley is a **Registered Dietitian** servicing Anna Maria College. Hayley is here to support any of your student's nutrition concerns and address any of your nutrition questions. She specializes in general overall nutrition, sports nutrition, gastrointestinal disorders, food allergies, weight management, and disordered eating.

Hayley is on campus Tuesdays and is also available for virtual appointments - her contact information is posted at the dining hall entrance.



### Student Government Association

All students are encouraged to attend **SGA monthly town hall meetings**, held in Zecco auditorium. It's a great opportunity for students to share questions, concerns, and suggestions with their peers and campus leaders!



## RESIDENCE LIFE NOTES

### Thanksgiving Recess: November 22 - 25, 2023

- Residence Halls will close on Tuesday, November 21 at 5 p.m. and will re-open on Sunday, November 26 at 10 a.m.

### Thanksgiving Airport Shuttle: November 20 & 21, 2023

- Leaving from outside Madonna Hall at 8 a.m. (both dates) to Logan International Airport. Please complete request form below; return trips on Sunday, November 26 at 6 p.m. provided only with a reservation. There is no charge for the airport

shuttle, but requests must be made by November 17 at 5 p.m.

## Thanksgiving Airport Shuttle Request

### Winter Break: December 16, 2023 - January 12, 2024

- Residence Halls will close on Friday, December 15, 2023 at 5 p.m. and will re-open on Saturday, January 13, 2024. Students will receive additional details by email.
- A Winter Break Housing Request form will be emailed to students soon. Break housing will be available on a limited basis; students with extenuating circumstances will be considered.

### Winter Break Airport Shuttle: December 14 & 15, 2023

- Leaving from outside Madonna Hall at 7 a.m. (both dates) to Worcester Regional Airport and Logan International Airport. Return trips on January 14 & 15, 2024, leaving at 5 p.m. from Logan International Airport, with a stop at Worcester Regional Airport before arriving on campus. There is no charge for the airport shuttle, but the return trip is provided only with a reservation. The winter break shuttle request form will be emailed to students in December.

## IMPORTANT DATES

### Commencement 2024



FAMILIES OF GRADUATING SENIORS:  
Save the date for

## COMMENCEMENT

**May 13, 2024**

**10:00 am**

**DCU Center, Worcester**

- Plans are underway for our Class of 2024 Commencement.
- More information will be emailed to Seniors in December.
- Visit the link above for details!

### REGISTRATION for SPRING CLASSES

- **Now through November 30** - ask your student if they have met with their advisor to register!

### SPRING REMINDER from FINANCIAL AID

- **FASFA** will need to be renewed - Financial Aid will reach out with information in December.

### FINAL EXAMS

- **December 11-15!** For some helpful tips for families as your student navigates this stressful time, click on the link below.

**How to Support Your  
College Student during  
Finals**

## STUDENT & STAFF PROFILES



### Meet Melisa Loa: Assistant Director of Residence Life for First-Year Experience

First-Year students have a great resource in Melisa Loa, Assistant Director of Residence Life for First-Year Experience. From her office in Madonna Hall, Melisa supports First-Year students right where they live. Read Melisa's profile above!

*Want to learn more about First-Year student life?*

**Life in the First Year Lane** is our series documenting the experiences of first year students in Madonna Hall as they begin their college journeys with Anna Maria College. Read Emanuel "Manny" Rivas' story below!

### Life in the First Year Lane: Emanuel Rivas



**Community heroes on campus:** Nursing students Melissa Auger, Abigail Bazinet, Kiyiana Minton, and Brianna Tooley provided first aid and summoned 911 at Ten West Market in Paxton after an employee collapsed last month. Read their story below!

### Nursing Students Respond in a Real-Life Emergency

## HAVE YOU HEARD OUR PODCAST with the Director of Career Services?



Click the link below to listen.

### AMCAST: Career Services

# BE IN-THE-KNOW WITH THE LINKS BELOW:

[Office of Student Activities Instagram](#)

[Academic Calendar 2023-24](#)

[Parent/Family Survey 2023](#)

[Campus Resource Directory](#)

[Athletic Schedule](#)

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More fun with the farm animals at  
Fall Fest!



**MaD-C** (Music and Drama Club) hosted musical performer **J.Maya** on October 20th in the Hub. J. Maya is a current contestant on Survivor as well as a talented artist!

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