CHANGES AND EXPECTATIONS IN RETURNING TO CAMPUS
Overview of Covid 19 and AMC Community

All in this together

Symptoms of Covid 19/Coronavirus

What to do if you have symptoms: symptomatic and asymptomatic

Safety and changes to campus: Social/physical distancing, masks and hygiene

Health Services: Changes and current services

What to do if you test positive

What is contact tracing, isolation, quarantine

What to do if exposed to a positive person

Counseling Services

Covid Testing on Campus

Updates for Residential Students
Presenter Welcome

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All in This Together

Everyone matters and everyone is needed.

Each of us has a role to play and responsibility in limiting the spread of Covid 19 and protecting the health and safety of the AMC community.

Preventing spread is critical:
- Protect Self
- Protects Others
- Protects the Community

To report concerns about noncompliance with community expectations:
- Covidreport@annamaria.edu
- 508-849-3600
Symptoms of Covid 19

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

*Shortness of breath or difficulty breathing*
What to do if Experiencing Symptoms

Symptoms can range from mild to severe illness, and can appear 2-14 days after you are exposed to the virus that causes COVID-19.

If you have symptoms or questions:

• Call your primary care physician

• Call Health Services: 508-849-3316 Office Open 8:30-4:30, Monday-Friday.

• Go to Urgent Care: resources listed on the Health Services web page

• For Emergencies: 508-494-9010, 911
Seek Emergency Medical Care

If experiencing any of these symptoms, seek emergency medical care immediately:

Trouble breathing
Persistent pain or pressure in the chest
New confusion
Inability to wake or stay awake
Bluish lips or face

Call Public Safety: 508-494-9010 or 911
Symptomatic and Asymptomatic

**Symptomatic**: is positive for covid 19 and is experiencing and showing symptoms of illness.

**Asymptomatic**: is positive for covid 19 and is not experiencing and showing symptoms of the illness. Can transmit the virus to others without knowing it.

**Contagion**: Both symptomatic and asymptomatic people with covid 19 are contagious. Those without symptoms must still take all precautions as they can infect other people the same as those showing symptoms of the illness.
Safe Behavior: Prevention and Care of One Another

Covid 19 is spread **person to person**
- Within 6 Feet
- In respiratory droplets in coughing, sneezing and talking
- On surfaces

This is why **social distancing, mask wearing and hygiene** is critical to keeping you and others in your community safe
Social Distancing

Limiting close face to face contact with others is the best way to limit the spread of Covid

Social/Physical Distancing at AMC:

• Keeping at least 6 feet (about 2 arms’ length) from other people who you do not live with in both indoor and outdoor spaces.

• Stay out of crowded places and avoid mass gatherings.
Masks/Face Coverings

Face coverings help reduce the spread of Covid-19

Cloth face coverings are a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the mask coughs, sneezes, talks, or raises their voice.

COVID-19 spreads mainly among people who are in close contact with one another so the use of cloth face coverings is particularly important in settings where people are close to each other or where social distancing is difficult to maintain.
Wearing Face Covering Correctly

• Wash your hands before putting on your face covering
• Put it over your nose and mouth and secure it under your chin
• Try to fit it snugly against the sides of your face
• Make sure you can breathe easily
Face Coverings at AMC

Students, faculty and staff are required to wear a face mask in ALL public spaces on campus

- Classrooms
- Offices
- Common areas

Face Masks that incite threats, violence, symbolizes or pays homage to oppressive events or groups, is sexually explicit or includes images of weaponry are prohibited
Hygiene: Handwashing Helps Prevent Spread

Wash your hands often with soap and water
- For at least 20 seconds
- Use at least 60% alcohol based hand sanitizer if soap and water are not available
- Avoid touching eyes, nose and face, particularly with unwashed hands
- Clean and disinfect frequently touched objects and surfaces

Required Hygiene at Anna Maria:

Frequently wash and/or sanitize hands

Keep personal space, shared common space and personal belongings clean and wiped down with disinfectant

Remind others in your personal place of washing and sanitizing
Health Services: Changes and Current Services

Changes
◦ Walk in not available this semester
◦ Call for questions and referral
◦ Referral to PCP, local urgent care centers and emergency room
◦ Monitoring test results
◦ Contact Tracing

Offices open Monday-Friday, 8:30 am-4:30 pm.
Phone: 508-849-3315
Email: abouvier@annamaria.edu, sgrandedireda@annamaria.edu, theojean@annamaria.edu
What to do if you Test positive: Anna Maria Policy

Depending on your symptoms, contact:
- Your primary care physician
- Health Services
- Urgent care clinics (resources on the Health Services web page)
- Emergency medical care

Stay in your room or at home and/or isolate yourself immediately from people as much as possible
- Contact Residence Life who will assist with arrangements
- Resident Director on call will assist after hours

Contact Health Services
- Help coordinate medical care and care on campus
- It is critical to talk with the contact tracers when they reach out to you.
What is Contact Tracing?

Contact tracing is key to slowing the spread of COVID-19 Helps keep you, your family, and your community safe. Involves identifying people who have Covid 19 and people who they came in contact with. To interrupt the spread of Covid 19, contact tracing works to have people with COVID-19 isolate and their contacts to quarantine at home.
How Contact Tracing Will Work on Campus

Test Positive

Notification to your APP, Health Services and Board of Health.

Health Services will “contact trace” positive students

• Reach out to gather and provide necessary information
• Help students plan what to do next
• Attain a list of those the student has been in contact with.
• Reach out to contacts to let them know they have been exposed to someone with Covid 19
Positive students will be required to **isolate**

**Isolation**: used to separate people infected with the virus (those who are sick with COVID-19 and those with no symptoms) from people who are not infected.

**Those with symptoms and those who test positive and do not have symptoms are required to separate themselves from others** by staying in a specific room or area and using a separate bathroom (if available).
Anna Maria Isolation Policy

Students are to return home to isolate

Rare exceptions:
  • vulnerable person in the home
  • Student lives beyond 150 miles from home and cannot transport home.

People can end isolation if there has been:
  • At least 10 days since symptoms first appeared and
  • At least 24 hours with no fever without fever-reducing medication and
  • Symptoms have improved

To return to campus
  • Students must provide documentation from the medical provider that they are cleared of Covid-19.
  • Submit documentation to Health Services.
At Risk to Get Covid 19: Close Contact

**Exposure/ close contact:** Anyone who has been in close contact with someone who has Covid 19.

**What counts as close contact?**
- You were within 6 feet of someone who has COVID-19 for at least 10 minutes
  - If one person is wearing a mask it is still considered exposure/close contact
  - Both need to be wearing a mask to create less exposure
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (touched, hugged, or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you
Contact Tracing: Quarantine

Quarantine is used to keep someone who might have been exposed to COVID-19 away from others.

- Health Services will reach out to you (contact tracing) to let you know you have been exposed
- Helps prevent spread of Covid 19 that can occur before a person knows they are infected with the virus
- People in quarantine should stay home, separate themselves from others, monitor their health, and follow directions from their state or local health department.
Anna Maria Quarantine Policy

Quarantine upon arrival from outside of New England, New York and New Jersey. This now includes Rhode Island.
- Must arrive to campus early and quarantine on campus until test result is negative.
- Can present a negative test result taken no longer than 72 hours prior to entering Massachusetts.

Quarantine once the semester begins
- Quarantine at home
- Quarantine on campus in rare exceptions

Health Services and contact tracers can assist students in determining when it is safe to leave quarantine
- 14 days after last exposure to the covid positive person
- Tests negative for covid
Counseling Services

Covid 19/Coronavirus can increase feelings of stress, anxiety, depression, sadness as well as other emotions. This is natural, and can also be difficult.

Counseling Services is available to assist you and offers the following services:

• Short term, confidential counseling services for all enrolled students
• For the fall semester much of counseling services will be remote.
• Office Hours: Monday-Friday, 8:30-4:30
• Emergency after hours: Public Safety: 508-494-9010, 911, See webpage for more emergency resources
• Reach out to talk with one of the counselors, or to schedule an appointment
  • Sherri Grande DiReda, LICSW, Director of Health and Counseling, sgrandedireda@annamaria.edu, 508-849-3316
  • Theodora Jean (for appointments), Office Coordinator, theojean@annamaria.edu, 508-849-3315
Testing on Campus

All students and employees who are on campus regularly will be tested twice weekly. The College is participating in the Broad Institute Safe for School Program.

Tests will be self-administered at one of two locations (Information Commons and Fuller) using anterior nasal swabs (just inside the front of your nose)

Test results will be available within 24 hours of being received in the lab.
Testing on Campus

You will receive information about downloading and registering on the CoVerified App.

Test results will be sent to you, through the app, immediately upon determination in the lab.

Test results will also be available to Health Services, and positive tests will be reported to the Department of Public Health.
Living On Campus

• The College is working to provide safe environments in the residence halls that will provide many of the same amenities that have always been available, however there have also been a number of changes that are necessary to make this happen.

• Students will be required to wear masks anytime they are outside of their rooms, or when hosting other resident students in their rooms, while observing room occupancies.

• All residents are encouraged to keep their rooms clean and respect all policies and protocols.
Covid Specific Policies

GUEST POLICY AND OCCUPANCY LIMITS IN THE RESIDENCE HALLS

In order to limit the spread of COVID-19, it is necessary to limit contact between people, particularly in residence halls. Therefore, the following protocols will be in place and strictly enforced for the Fall 2020 semester:

No outside guests will be permitted in the residence halls until further notice. Outside guests include those with no affiliation to Anna Maria College, commuter students and graduate students.

Residents will be permitted to visit residents in different buildings with the following restrictions:

◦ Upper class students may sign in a maximum of one upper class student as a guest. Upper class students living in Madonna Hall may visit other buildings but may not sign any guests into Madonna Hall.
◦ Madonna Hall will be closed to all guests.
◦ If guests from the same residence hall but of a different room or floor would like to visit an individual in their room, the consent of the individual’s roommate must be given.

Room occupancy will also be strictly enforced.

Resident students must carry their student ID at all times and must complete the online guest registration form in order to enter another residence hall as a guest. This policy will be strictly enforced by the RA staff and any student without their ID or proper completion of the guest registration form will be denied entry to the building.

Students found in violation of the guest policy and/or occupancy limits will lose housing for a minimum of one semester.
Community Spaces

- Kitchens within the residence halls will be closed for the start of the Fall 2020 semester.
- Whenever possible, stairwells are expected to be used instead of elevators.
- When elevators are used the maximum occupancy is set at two (2).
- Large common rooms with the residence halls will remain open. Residents are always expected to adhere to posted occupancy limits and to adhere to social distancing guidelines.
- The maximum occupancy for spaces are posted within each common area and smaller common areas have been closed for the start of the semester.
- A large number of hand sanitization stations have been added throughout the residence halls.
Residential Support

• The Residence Life staff has worked to streamline as many of our processes as possible. New this year students will complete their First Floor Meeting and Room Condition Report virtually.

• All roommates will also be required to complete a virtual roommate agreement that will allow your room/suite the opportunity to set expectations and boundaries for your space.

• The RA staff will also continue to provide programs in a number of socially distanced ways including virtual events, grab and go programs and small group outdoor events.
What to Expect at Move In

• Residents will move onto campus during their assigned move in date and time.

• Residents are limited to two (2) move in helpers. Helpers will be required to wear a mask at all times and will be limited to four (4) hours on campus.

• Residents will check using a drive through check in process located in the Madonna parking lot. Once you have checked in you will be directed to your residence hall to begin settling in.

• Residence life staff, orientation leaders and the Physical Plant staff will be assisting with the move in process.

• Due to social distancing you should expect to see less staff moving throughout the building. However, there will be staff members located in the lobby of each residential area as a resource throughout the move in process.
Always Reach Out With Questions or Concerns

No question to small—always check it out

**Health Services**
- Amy Bouvier, RN, abouvier@annamaria.edu, 508-849-3315
- Sherri Grande DiReda, sgrandedireda@annamaria.edu, 508-849-3315
- Theodora Jean, theojean@annamaria.edu, 508-849-3315

**Residence Life**
- Jessica Eckstrom, Director, jeckstrom@annamaria.edu, 508-849-3271

**Andrew Klein**, Vice President for Student Affairs, aklein@annamaria.edu, 508-849-3313

**Public Safety/Emergency**
- 508-494-9010
- 911