Study Abroad Self-Assessment

The following questions are designed to help you define your study abroad goals. Your answers will not affect your application status. Please answer each question as accurately as possible:

Why do you want to participate in a study abroad program?
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Where are you interested in going to study? Why?
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

What are the five things you are most looking forward to when studying abroad?
1.) ___________________________________________________________________________
2.) ___________________________________________________________________________
3.) ___________________________________________________________________________
4.) ___________________________________________________________________________
5.) ___________________________________________________________________________

What are the five things that currently worry you most about going overseas?
1.) ___________________________________________________________________________
2.) ___________________________________________________________________________
3.) ___________________________________________________________________________
4.) ___________________________________________________________________________
5.) ___________________________________________________________________________

What are the five things you believe you will miss most from home when you are abroad?
1.) ___________________________________________________________________________
2.) ___________________________________________________________________________
3.) ___________________________________________________________________________
4.) ___________________________________________________________________________
5.) ___________________________________________________________________________
What are your expectations in studying abroad? What do you hope to achieve? (i.e.: to fall in love; to get a job there; because my parents did study abroad and said it will make me more educated; to discover a different set of interests; to become more worldly, etc)
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______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

How long would you like to stay abroad (summer, semester, or full year?)
☐ SUMMER ☐ FALL ☐ SPRING ☐ ACADEMIC YEAR (FALL & SPRING)

Have you considered the cost/financial aid related to study abroad? ☐ YES ☐ NO

Can you afford it? ☐ YES ☐ NO

Have you discussed this with family members? Are they supportive?
☐ YES ☐ NO ☐ YES ☐ NO

Are you proficient enough in a second language to take coursework taught in that language?
☐ YES ☐ NO

Are you interested in furthering your knowledge about a specific foreign language?
☐ YES ☐ NO

Are you prepared to handle frustration and disappointment of bureaucratic red tape? Racial, gender discrimination or just rude treatment as an American/non-fluent speaker of the language, etc?
☐ YES ☐ NO ☐ I DON'T KNOW

Are you ready to deal with long-distance relationships? Absence from family, friends for holidays, special occasions? Fewer or no amenities?
☐ YES ☐ NO ☐ I DON'T KNOW

Are you being honest with yourself about any physical, medical, or emotional health issues that might make study abroad risky to yourself or others? (Examples: diabetes, depression, anxiety, eating disorders, arthritis or other bone/joint limitations, severe asthma)
☐ YES ☐ NO
Do you want to attend classes with students from the host country, or with other Americans?

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

What degree of cultural immersion are you ready or prepared for?

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

How will you benefit from this study abroad experience?

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

My greatest single challenge overseas will be:

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

Why do you think students who travel abroad leave with a sense of pride in the United States of America and return with very different and sometimes negative views?

__________________________________________________________________________

__________________________________________________________________________

__________________________________________________________________________

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